

Press Kit

Origin Story

My name is Mtisunge Lucy Ngwira-Brooks. I am a public speaker, entrepreneur, and facilitator who was born in Malawi, Africa. My philosophy is to instill the spirit of having an almost stubborn perseverance even when given the most insurmountable of odds. As well as having an attitude of striving for the best in your endeavors by challenging yourself daily and being intentional in how we live out our days, for we only have so many. Everyday is a chance to live your life with full force instead of half-heartedly.

In my formative years I migrated from Malawi, to the UK to the States. My pre-adolescent years were spent surviving the aftermath of the deaths of both parents who passed away a mere 3 months apart. I spent a decade with my two older siblings fighting circumstances such as food insecurity, domestic abuse, and instability. By the time I was 13 I found out that I was living with the same illness that led to my mother's passing. On the verge of dying myself, my diagnosis of HIV was caught in the nick of time, yet left me permanently disabled. I now rely on a cane and powerchair to move about in this world.

At age 21 I found myself so heavily affected mentally and physically by domestic abuse that I became bedridden. I was mourning the loss of my parents a second time this mental stress led to a clinically psychotic episode that lasted nearly 2 months. Desperation was at such a climax that I had to flee my home while severely ill.

Hope finally shined its eyes on me and I moved out, as my health increased throughout the years I found myself embarking on business ventures such as my clothing line - [Twenty Too Clothing "The Us Too Brand,"](#) as well as enrolling and graduating from college and becoming the first and youngest in the first generation of children to grow up in America, and graduate from college. This was not my only feat of achievement. I went on to be discovered by an organization to become a [public speaker](#). This career path led to an award, standing ovations, and a [short documentary](#).

Why hire me to speak? Life is not perfect, we all get into dark places at one time or another. I use my life as an example that even if things start off turbulently, you can still achieve success given that you keep a fighting spirit and don't let the turbulence make you bitter. I want to share what I have learned in my distinct life path, that is that you must be grateful, you must be intentional and you must challenge yourself. Being grateful is key to success however being intentional and challenging yourself are aspects of life we often do not see. People often become indifferent about their own lives and existence. They get stuck in the daily grind and do the same thing repeatedly only waiting to live their lives on the weekend. They often do not have enriching hobbies outside of work and live their lives in a loop. My speeches not only are uplifting in a sense that you can thrive after devastating traumas, but they show just how much being intentional and challenging yourself by taking small (or big) actions can set you apart to live the life you truly desire.

Headshot & Bio



Public Speaker, Entrepreneur, and Facilitator Mtisunge Lucy Ngwira-Brooks' journey to public speaking began in a pursuit to better her life and challenge her own limits. Growing up with various traumas that lead to social anxiety and severe PTSD she found herself unable to be in crowds and questioning the value of her voice. Her philosophy and goal in her speeches is to encourage motivation in others rather than fleeting inspiration to make worthwhile changes in their mindsets and therefore their lives. Her message is to challenge yourself, live your life full force and never give up against any odds, only then will you find yourself somewhere you never thought you could be.

Ms. Ngwira-Brooks is the first and youngest to graduate college in her immediate family and has spoken at several events. She has received awards, standing ovations, and the honor of a short documentary. She strives to show how perseverance can change surviving into thriving.

Making it Happen Against All Odds.

A young woman faced with onerous battles at a young age finds success with an entrepreneurial spirit.

LAS VEGAS - March 20, 2024 - PRRLog -- *Twenty-six year-old Public Speaker, Entrepreneur, and Facilitator Mtisunge Lucy Ngwira-Brooks has announced the launch of her speaking platform. Mtisunge has a story of courage, strength, and determination to spread. She has spoken at several local events and received honors such as an award, standing ovations, and a short documentary which has been shown at both Community Counseling Center as well as The Center in downtown Las Vegas. Her keynote address "Never in a Million Years" has sparked both tears and motivation in the hearts of many. Mtisunge delivers a powerful and moving message of never giving up in the face of even the most insurmountable odds, as well as challenging yourself daily and living your life full force instead of half-heartedly.*

Mtisunge wants to spread her message to all who are struggling, including disabled youths who are unsure of their future and independence. Mtisunge had to trailblaze her way to independence, to find a path that worked for her abilities and limitations. This was a confusing and arduous journey that there was no blueprint for. She wants to spread the message that disabled people can live fulfilling, beautiful and prosperous lives with their conditions, it just will look different than the general population. While her disability is not all she is, it is a salient part of her identity that has shaped the way that she experiences the world.

Aaronell Mattas of Community Counseling Center (CCC) said "We were pleased to have Mtisunge speak at our event and share her story of hope and inspiration"

If you are interested in booking Motivational Speaker Mtisunge Lucy to present at your next event, please visit her website at <https://mtisungelucyngwira.wixsite.com/home>

Contact Info:

Mtisunge Lucy Ngwira-Brooks
702-713-6382

mtisungelucyngwirabrooks@gmail.com

Website: <https://mtisungelucyngwira.wixsite.com/home>

Instagram/Youtube: @TisungeTerror



Southern Nevada
Health Consortium

IT'S 'T'EA TIME

Come Drink with us as we spill the 'T' on HIV

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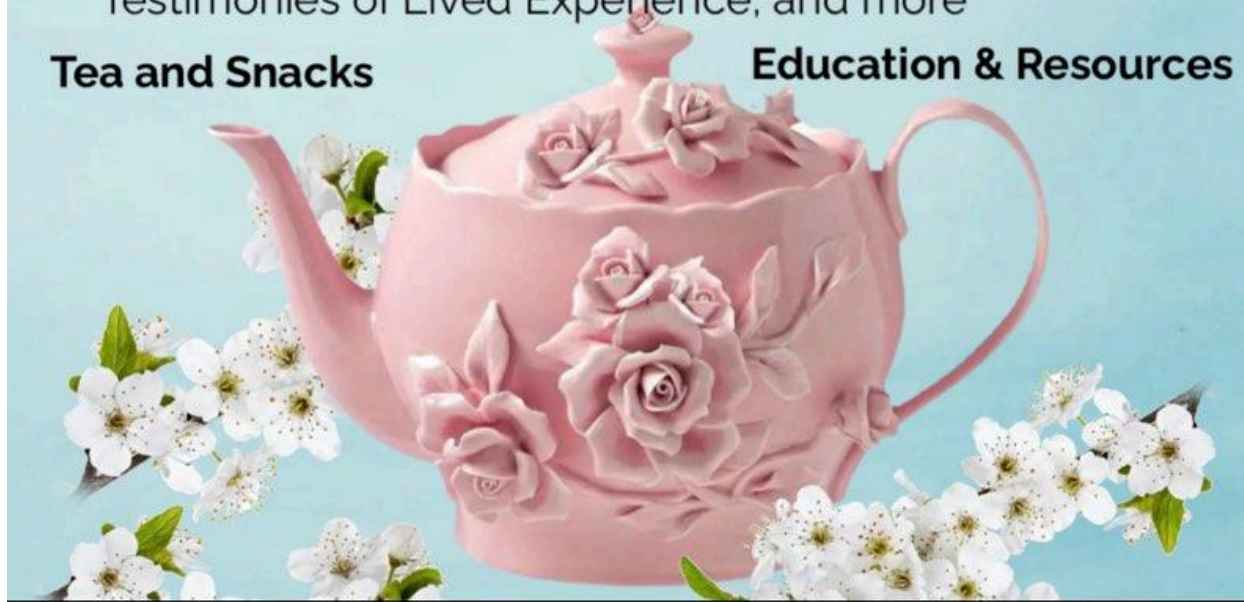
The Center - 401 S Maryland Pkwy
www.snvhealthconsortium.org

National Women and Girls HIV Awareness Day

Women and PrEP, Sex & Pleasure and Hygiene, Personal Testimonies of Lived Experience, and more

Tea and Snacks

Education & Resources



Hire me to speak: <https://mtisungelucyngwira.wixsite.com/home>

Watch/subscribe to my Youtube playlist

“How to be disabled”

<https://tinyurl.com/TisungeTerror>